

Here at Valley View of Garden Plaza and The Bridge, you will find warm, dedicated staff committed to creating a community you will be delighted to call home. We welcome the opportunity to introduce you to our beautiful community and to show you why Valley View Retirement Community is truly unlike any other. Valley View is Boise, ID's #1 option for retirement living because of its 40+ years of excellence and resident satisfaction. Independent Living combines community living with the privacy of your own apartment. We offer a variety of choices from Independent Living to Assisted Living. You have the freedom to choose the services that best suite you.

About us...

Valley View Retirement Community is a Continuum of Care Campus (CCC) which means that it combines the residential housing and services of Independent Living, Assisted living, Skilled Nursing and Rehabilitation all in one location. This partnership means we offer every level of support and care for our residents to lead the most independent lives possible. With no buy in fees and a convenient month to month lease, our residents have flexibility and freedom should their needs change.

The Valley View Lifestyle

Let us take care of the daily tasks while you enjoy the comforts of our all inclusive community.

- . 3 nutritious meals prepared daily
- . In-house specialty bakery
- . Weekly housekeeping & linen service
- . Scheduled local transportation to medical, shopping & banking
- . Full calendar of activities & exercises classes
- . 24-hour emergency response system monitored by on-site staff
- . Daily wellness checks
- . Apartment maintenance
- . Cable TV & 24-hour Wi-Fi access
- . Manicured walking paths that are pet friendly
- . Worship services
- . 24-hour fitness & library
- . Additional storage available
- . Optional covered parking
- . Optional house call doctor services
- . Medicare part B in home therapy

"I felt at home the very first day I moved to Valley View Retirement Community. I Love being able to eat meals with others and not having to cook. I can participate in any or all of the planned activities, or I can go to my apartment and read, do handwork, watch television, or just enjoy music. I love my home at Valley View, and I wish everyone could have the opportunity to feel so secure, independent, and happy." – Jane





Garden Plaza of Valley View Independent Living

BENEFITS OF INDEPENDENT LIVING Safety & security Maintain Independence A carefree lifestyle The opportunity to socialize with others



IDEAL FOR SENIORS WHO Want to stay independent Do not need 24 hr. assistance Are tired of maintaining a household Are tired of being bored or alone

The Bridge at Valley View Assisted Living

BENEFITS OF ASSISTED LIVING

Specialized levels of care Safety & peace of mind that you are not alone 24 hr. assistance from trained care givers Daily activities & socialization



IDEAL FOR SENIORS WHO

Need help with medication management

Could use overall support throughout the day

Are at risk of falls

Could benefit from daily interactions with others

"I highly recommend Valley View. My mother is doing so good since she has been here. Her blood sugar is now at a normal level with her medication. She is getting the care she needs and deserves. The staff are all so wonderful and friendly. They really do all care about the residents, and it shows. Mom loves the food. She even went to the salon there and loved it. If you have a loved one that needs assisted living look no further this is the place!!!!!" – Beverly



Introducing



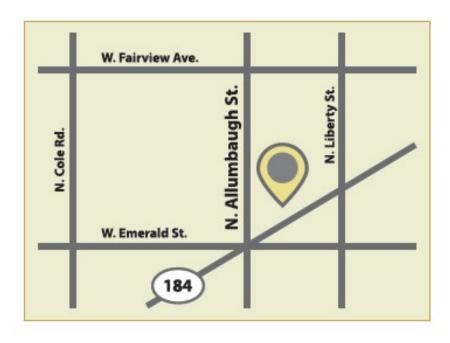
a specialty bakery boutique!

Food is our forte!

Restaurant-style dinning featuring delicious chef-prepared meals



GARDEN PLAZA OF VALLEY VIEW A SENIOR LIVING COMMUNITY



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